



PAC Taekwondo News

Thanksgiving

Although Thanksgiving is a great time to take a little break and eat a lot of good food (and watch some football), we can't forget the *modern* meaning and intent of this holiday. This is the time to reflect on all the things in your life that you should be grateful for and to give thanks. Also, it is about spending quality time with your loved ones.

I want to personally share my gratitude for all my Taekwondo blessings with all of you. My thanks go out to my students and their parents for supporting our school and making what we do so enjoyable. I am truly grateful to be a part of each and every one of your lives as we grow together to better ourselves and our community. I also feel particularly blessed to have such a great group of Black Belts that are absolutely amazing role models for their juniors.

I couldn't have asked for a better, more caring, and talented group of instructors; and for that I am so thankful. I couldn't have found a better "rock" than Mr. Easley. Lil' Ms. P has been a gift to all of us with her teaching skills and support. Last, but never least, I am thankful to Master Corrie for giving me the skills to teach all of you today. I look forward to passing on the benefits I have gained from TKD to the next generation of students. I hope you all enjoy your Thanksgiving.

Master Pourarian

Congrats on a great Black Belt testing!

Ryan Daly- 1st Degree
Colin Garon- 1st Degree
Spencer Thompson-2nd Degree



Great job to those that competed in Reno

Colin Garon
Ryan Daly
Anne Daly
Matthew Zimmer
Spencer Thompson

Upcoming Events

- No Class 11/22 Wed (day before Thanksgiving)
- Next Billing Cycle starts 11/28-1/30/08 (3 extra classes added for holidays)
- Next testing target date 12/18
- Annual Holiday Party after testing on 12/18
- No class 12/24-31 (Resume 1/2/08)

Master Corrie's Corner.....



As you all know, Ms. Pourarian was recently bestowed the title of Master by Grand Master Lee at UWTA's National Events held in Reno, Nevada. This makes her the first female Master in the UWTA. An appointment to Master does not simply come with rank.

It is truly a special title granted to those individuals who have dedicated their life to passing on the teachings and furthering of the art of Taekwondo for the betterment of society. Master Pourarian is a living example of someone who is truly deserving of being called a Master of Taekwondo. I am confident that all of you, as her students, will agree that she knows how to pass on life's lessons through her Taekwondo teachings. But, in addition to what you all see in the classroom, Master Pourarian also plays a major role in the UWTA on a National level participating in policies, procedures and practices. As a Master, she will continue to be challenged to work hard, grow and provide leadership to the Instructors of the UWTA.



Dear Friends, Family, and Associates,

TRISIS Lending is trying to help the Southern California Fire Victims to rebuild; however, getting information to fire victims is limited. So, if you personally know of anyone that may benefit from the below message, please pass this on...

In the wake of the devastating Southern California Fires, TRISIS Lending is doing what it can to help. Many homeowners will be rebuilding and, to assist in that effort, TRISIS Lending (brokerage firm) is partnering with Indymac Bank (wholesale lender), the construction financing leader in California. This partnership will enable borrower to get reduced cost and expedited underwriting construction loans to aid in the recovery effort.

The Indymac/TRISIS Lending construction loans features:

- Fixed or Adjustable “one time close” construction to permanent mortgage loans
- Guaranteed 24 hour underwriting
- \$1000 credit to Indymac Bank Standard closing costs
- Best disbursement platform in the industry
 - Disbursement turn times average 1 business day
 - Online, easy access to your construction funds



▪ Residential ▪ Commercial ▪ Construction ▪ Land
(619) 921-4551

Tutoring with Lil' Ms. P....

K-12th grade. All subjects.

**UCSD graduate and 4.3 GPA in High School.
Please email her directly at amalis013@aol.com.**



Private Lessons

Fee based private lessons are available upon request. Please contact Ms. Pourarian via email at amitisgold@aol.com, to have her schedule you with one of the Black Belt Instructors.